

MERRY
CHRISTMAS
FROM
AFROLEMS



AFROLEMS CHRISTMAS TIPS

Clean out your pantry and fridge
to make way for your christmas
shopping.



Plan Your Menu and Set a Budget



www.afrolems.com



AFROLEMS CHRISTMAS TIPS

Make your stew based sauces
and freeze in smaller containers
a few days before to make it
easier to defrost.



AFROLEMS CHRISTMAS TIPS

Preserve your fruit cake with
some alcohol. (Rum or Brandy
are good options)



www.afrolems.com



AFROLEMS CHRISTMAS TIPS

Very Spicy Goat Meat Pepper soup is always an interesting starter at Christmas Parties



www.afrolems.com



AFROLEMS CHRISTMAS TIPS

Plan majority of your menu
around dishes you are
comfortable with. Christmas day
is not for kitchen failures!



AFROLEMS CHRISTMAS TIPS

Wash, Boil and Fry all your meats
2 days or a day ahead so you have
less work on Christmas day.



www.afrolems.com



AFROLEMS CHRISTMAS TIPS

Chop your vegetables, wrap in cling film and refrigerate a day ahead. Also put together your song playlist



www.afrolems.com



AFROLEMS CHRISTMAS TIPS

Wake up very early and start cooking. Don't assume you have a lot of time. Make the rice dishes and swallows last.



Fun Christmas Recipes available at
www.afrolems.com