MERRY CHRISTMAS FROM AFROLEMS
AFROLEMS CHRISTMAS TIPS

Clean out your pantry and fridge to make way for your Christmas shopping.
Plan Your Menu and Set a Budget

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AFROLEMS CHRISTMAS TIPS

Make your stew based sauces and freeze in smaller containers a few days before to make it easier to defrost.
AFROLEMS CHRISTMAS TIPS

Preserve your fruit cake with some alcohol. (Rum or Brandy are good options)

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Very Spicy Goat Meat Pepper soup is always an interesting starter at Christmas Parties.
Plan majority of your menu around dishes you are comfortable with. Christmas day is not for kitchen failures!
Wash, Boil and Fry all your meats 2 days or a day ahead so you have less work on Christmas day.
AFROLEMS CHRISTMAS TIPS

Chop your vegetables, wrap in cling film and refrigerate a day ahead. Also put together your song playlist

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Wake up very early and start cooking. Don't assume you have a lot of time. Make the rice dishes and swallows last.
Fun Christmas Recipes available at www.afrolems.com